

**PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES**

**Due to our small class sizes and to be fair to all clients, late cancellation and no show fees apply!**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00am		Pure Ride Kelley	HIIT Fusion Kate	Pure Ride Kelley	HIIT Fusion Carol Anne	Pure Ride Kelley	
8:00am							Pure Ride Patricia / Kelley
8:15am		Pure Ride Kate	Barre Fusion Cassie	Hot Power Yoga Patricia	The OC Method Patricia	Pure Ride Patricia	
9:15am							Hot Power Yoga Patricia
9:30am		Hot Power Yoga Blair	Barre Cassie	Bikes + Bands Patricia	Barre Patricia	YogaSculpt Cassie	
10:00am	Hot Power Yoga Chrystal						
10:45am			Triple S Yoga Patricia		Triple S Yoga Patricia		Barre Patricia / Lexie
11:30am	Sunday Sweat Ride Kate						
4:45pm			YogaSculpt Patricia		CORE Strength + Stretch Lexie		
5:30pm		Barre Lexie		Ballet Barre Lexie			
6:00om			Pure Ride Helen		Pure Ride Kristi		
6:30pm		{Candlelight} Hot Power Yoga Kristi		{Candlelight} Hot Power Yoga Blair			